Trauma-Informed, Evidence-Based Best Practices for Sexual Violence Response

May 21-23, 2018
Indianapolis, IN

PLEASE NOTE THAT AS OF 03/01/2018, WE HAVE ADDED AN ADDITIONAL DAY AT THE BEGINNING OF THIS TRAINING! THIS IS NOW A 3-DAY TRAINING. READ BELOW FOR MORE DETAILS.

➢ If you have already registered and would like to add the additional day, click here and select the ticket labeled “May 21 Only.”
➢ If you are registering for the first time and would like to attend all three days, select the ticket labeled “May 21-23.”
➢ If you need any assistance with this or have questions/concerns, please email ICESA Training Coordinator Kirat Sandhu at kirat@indianacesa.org.

REGISTRATION INFORMATION:
Registration closes at 6:00pm on Sunday May 20, 2018. You may register for the Full Training ($60), May 21 Only ($20), May 22 Only ($20), or May 23 Only ($20). Lunch is not included. Please note that Eventbrite adds a credit card surcharge. If you would like to avoid this surcharge and pay by check, please use the following registration form and mail it in along with your payment: May 2018 Topical Training Registration Form (Payment by Check). Any refund requests received after May 14, 2018 will not be honored. Please note that this training is free for Indiana law enforcement officers and University of Indianapolis employees; in order to claim free tickets, these individuals MUST register with the professional email address given them by their agency or the university. Registrations made with a non-affiliated email address will be cancelled and the individuals will be asked to re-register.

PROFESSIONAL DEVELOPMENT:
The following professional development credits will be offered (pending final approval):
• Law Enforcement Training Hours
• Behavioral Health Continuing Education

LOCATION:
This training will take place at the following location:
Ransburg Auditorium
1400 E. Hanna Ave., Esch Hall
Indianapolis, IN 46227

Thank you to University of Indianapolis for their generous donation of this venue!
**DAY 1**
Monday May 21, 2018
10:00AM – 4:00PM
(Registration will begin at 9:30AM)

**10:00AM – 1:00PM**
**Session:** Rape Culture, Neurobiology of Trauma, and False Reports through a Trauma-Informed Lens

**Trainer:** Mahri Irvine, Ph.D.
Director of Campus Initiatives, ICESA

**Description:**
In this 3-hour session, Dr. Irvine will guide participants through activities that will help them critically think about how cultural myths about sexual violence influence their perceptions and ideas about “real rape” victims and false reports. At the beginning of the session, participants will engage in an activity to help them learn about implicit bias and rape culture characteristics. Next, participants will learn about the neurobiology of trauma and the short-term impact of trauma on sexual assault victims. In the third part of this session, participants will learn about false reports of sexual violence, including definitions, statistics, and myths and facts about false reporting. Finally, participants will be encouraged to combine what they have learned from all three parts of the session so that they can critically examine possible false reports through a trauma-informed, culturally-critical lens.

**1:00PM – 2:00PM**
*Lunch on your own.*

**2:00PM – 4:00PM**
**Session:** Victim Trauma vs. Perpetrator Stress

**Trainer:** Julia M. Lash, Ph.D., HSPP
Director, IUPUI Counseling & Psychological Services

**Description:**
In this 2-hour presentation, Dr. Lash will provide an introduction to the psychological impact of trauma, and explain the difference between the trauma experienced by sexual assault victims, and the stress experienced by perpetrators when they go through an investigation. The presentation will build off of Dr. Irvine’s presentation, providing additional information about the neurobiology of trauma, and delving into the longer-term psychological impacts of trauma. This session will be especially valuable for campus investigators, detectives, higher ed. administrators, judges, and other professionals who are responsible for working with reported perpetrators.
DAY 2
Tuesday May 22, 2018
8:00AM – 5:00PM
(Registration will begin at 7:30AM)

8:00AM – 12:00PM
Session: Certified FETI: A Real Change in the Conversation

Trainer: Russell Strand
Special Agent (Retired)
Executive Director, Certified FETI

Description:
Neuroscience has discovered that when human beings experience high stress and trauma, they often undergo a process that is highly misunderstood by both the professionals responding to them and the victim themselves. We now have information provided by hard science to support the fact that we need change the way in which we talk to, question and respond to victimization and other complex experiences. We all have been taught to believe that when an individual experiences an event, including one that is traumatic, the brain records a majority of details. Members of the criminal justice system want to gather those details and they focus on the “who, what where, why, when and how”. These details are important to members of the criminal justice system in their quest towards truth and justice. Unfortunately, trying to collect these particular details may actually inhibit important psychophysiological evidence and negatively impact the accuracy of the information provided. Most interview techniques in the criminal justice system have been developed to question victims and/or witnesses about peripheral information. For example: a description of the suspect, the color of the suspect’s shirt, the car that they were driving, the time frame of the event, and other similar types of information. Sometimes, victims and/or witnesses are capable of providing this type of information in a limited fashion. However, most are unable to accurately recall these aspects of the event and asking the “who, what where, why, when and how” may inadvertently provide inaccurate information and details causing the “fact finders” to become suspicious of the victim’s integrity. The Forensic Experiential Trauma Interview (FETI), formalized as Certified FETI, was designed to change all of this. This methodology has already proven to be a game changer in the investigation and prosecution of many forms of violence, including child abuse, human trafficking and adult sexual abuse. Use of the Certified FETI methodology in domestic violence cases is also extremely promising for increasing successful interventions, investigations and prosecutions. This interview methodology draws on the best practices of child forensic interviews, critical incident stress management, and neuroscience; combining them all into a simple three-pronged approach that unlocks the trauma experience in a way that we, as professionals, can better understand.

12:00PM – 1:00PM
Lunch on your own.

2:00PM – 4:00PM
Session: Turning the Case Upside Down: Rethinking the Art and Science of Suspect Interviews

Trainer: Russell Strand
Special Agent (Retired)
Executive Director, Certified FETI
Description:
It’s time to take a fresh look at an age-old problem – suspect interviews. Interview and Interrogation technique development have been heavily influenced by a desire to gather truth that is not impacted by fear or prejudice. Reducing false confessions and getting solid, honest information has long been at the center of criminal justice interest and research. For centuries, suspect interviews have been the topic of great controversy. Numerous techniques and strategies have been employed throughout history in order to extract information from those suspected of committing crimes. Torture, manipulation, and mind games are common tools that have been used to develop evidence in various crimes including: stalking, domestic violence, sexual assault, child abuse and murder. It is imperative for criminal justice professionals to have the ability to investigate crime, uncover the facts, wade through deception and make important determinations. Victims of crime, their families and their communities depend upon them. We will review the history of interrogation and discuss the impact of numerous suspect interview techniques and their efficacy including substantial research that will assist factfinders in determining some shortfalls in current interview methods. This presentation will challenge long-held beliefs in what works and what doesn't. Recommendations, including the newly developed suspect forensic interview techniques will be presented. It is both thought provoking and compelling. There are better ways to get information.

DAY 3
Monday May 21, 2018
9:00AM – 5:00PM
(Registration will begin at 8:30AM)

9:00AM – 5:00PM (with a one-hour break for lunch)
Session: Arousal Response Mechanism in Sexual Abuse and Assault Survivors

Trainer: Andrew Pari, LCSW, Diplomate
Director, Sexual Assault Awareness, LLC

Description:
This full-day seminar will include the following:
• Understanding concept of arousal response mechanism
• Explaining biological vs psychological roots of arousal response mechanism
• Neutralizing myth and bias
• Enhanced supportive interviewing skills
• Application of experiential interview
• Eliciting evidence hidden by arousal
• Enhancing elements of crime via arousal and related evidence
• Overcoming credibility challenges
• Documenting arousal as evidence
• Testifying on arousal as non-probative
• Specific case discussions from presenter’s work
• Attendees are encouraged to bring specific cases for discussion
Trainer Bios

Andrew Pari, LCSW, Diplomate
Director, Sexual Assault Awareness, LLC
Andrew Pari, L.C.S.W., Diplomate, is the nation’s leading authority on the arousal mechanism in sexualized violence. Founder of Sexual Assault Awareness, LLC, he is a psychotherapist with over 20 years’ experience treating survivors of sexual abuse and assault, including CSEC and sex workers.

He consults and trains nationally, provides legal consultation, and has assisted in curriculum development for SARS and campus sexual assault awareness programs. He directed the psychiatric emergency and disaster response team for West Los Angeles, responding to anything from celebrity calls to airline crashes. He is a clinical supervisor and trainer, and has provided trainings for the Los Angeles County Department of Mental Health, various law enforcement agencies, DCFS, and community mental health. He is one of the NASW’s “1000 Experts,” responding to media inquiries/interviews on trauma, sexual violence, and disaster response.

Mr. Pari has hosted the largest public discussions on topics related to sexual abuse and rape. He is a moderator for two online forums on rape and recovery. He is a sought after speaker at international conferences on sexual trauma, including the National Conference on Crimes Against Women (CCAW) and End Violence Against Women, Int’l (EVAWI).

He was co-creator and host of the Los Angeles radio show, Chasing the Why, where he covered a wide-range of social topics from the Japanese tsunami disaster to the international SlutWalk movement.
In addition to his professional endeavors, Andrew is an accomplished performer, having trained and directed improvisational-comedy troupes, and won a 2015 Los Angeles regional theatre award for his portrayal of Atticus Finch in “To Kill a Mockingbird.”

He received his Master of Social Work degree from California State University, Long Beach in 1992, was licensed in 1996, and awarded the mark of advanced clinical practice of Diplomate in 1999.

Mahri Irvine, Ph.D.
Director of Campus Initiatives, ICESA
Dr. Mahri Irvine is a nationally-recognized educator and researcher whose interests include the cultural causes of gender-based violence; physical and psychological harms caused by violence; motivations and attitudes of perpetrators; and best practices for violence prevention and culture change. Dr. Irvine earned her doctorate in Anthropology from American University in 2014. She is formally trained in anthropology and qualitative research methods, and she values a holistic, multi-disciplinary approach to research and teaching. Dr. Irvine’s research focuses on rape culture and sexual violence in the United States. Her first major research study examined the impact of sexual victimization on women’s pathways to crime and prison, and she has conducted numerous trainings about this topic for professionals in counseling, nursing, law enforcement, and advocacy. Dr. Irvine is the Director of Campus Initiatives for ICESA. In her role with ICESA, Dr. Irvine is responsible for envisioning, developing, and managing the consortium, and ensuring its success. She enjoys working with her colleagues at ICESA’s ten Consortium schools throughout Indiana, and is constantly inspired by her campus colleagues' enthusiasm and commitment to social justice. Dr. Irvine holds an additional position as an adjunct faculty member for the Women’s, Gender, and Sexuality Studies Program at American University; she regularly teaches upper-level undergraduate and graduate courses focusing on gender and violence. She is also an adjunct faculty member in the Department of Anthropology at IUPUI. Dr. Irvine has worked in the anti-sexual violence movement for over fifteen years. In addition to academically studying gender-based violence for over a decade, she also has over
four years of experience working directly with survivors of sexual violence, intimate partner violence, and stalking. She facilitated a support group for female survivors of violence at a prison reentry organization in Washington, DC, served for three years as a rape crisis counselor and supervisor at the DC Rape Crisis Center in Washington, DC, and served for one year as a rape crisis counselor with Rape Victim Advocates in Chicago. She also served for six years as a volunteer at the Indiana Coalition Against Sexual Assault. Dr. Irvine’s experiences working with rape survivors in Chicago profoundly affected her personal and professional outlook on the world, and launched her career as an anthropologist.

Russell Strand  
Special Agent (Retired)  
Executive Director, Certified FETI  

Special Agent (Retired) Russell W. Strand is the Executive Director of Certified FETI, founder of Strand Holistic Innovative Forensic Techniques (SHIFT) LLC and is an internationally recognized expert in child abuse and sexual assault investigations, domestic violence intervention, forensic interviews, trauma response, and culture change. As a career law enforcement professional, trainer, educator, writer, and consultant, Mr. Strand has distinguished himself as an integral member of the criminal justice community his entire adult life.

He began his law enforcement career in 1975 as a military police patrol officer, performed duties as a military police investigator, and retired 22 years later as a senior special agent in the United States Army Criminal Investigations Command. Mr. Strand was recognized for his efforts by his peers and leadership throughout his military career. He was awarded the Military Police Regiment’s highest awards including the Order of the Marechaussee Medal in Silver and was inducted into the United States Army Military Police Regimental Hall of Fame. Prior to founding SHIFT LLC, Mr. Strand was the Chief of the U.S. Army Military Police Behavioral Sciences Education & Training Division where he worked for 20 years retiring in 2016. As the point-person in the Department of Defense and Department of the Army in the law enforcement fight against domestic violence, child abuse, and sexual violence, he distinguished himself by development and implementation of numerous training courses and programs across the entire department to include an 8-day child abuse investigations course, 1-week domestic violence intervention course, and a 2-week sexual assault and prosecution course some of which have been described as the “gold standard” within the Department of Defense. These courses have also been much sought after by civilian professionals across the nation.

With more than four decades of investigative, training, and consultation experience, Mr. Strand is a life-long-learner. He steadfastly believes in challenging the status quo – not out of disrespect for it, but out of unconditional respect for true justice. He has continued to challenge what we think, where we are, and where we need to go to prevent sexual and family violence, hold offenders accountable, and assist victims of these horrendous crimes in sharing their experiences. He is unconventional in his thinking and implementation of numerous promising best practices. This includes the Forensic Experiential Trauma Interview, also known as FETI. Development of FETI followed decades of studying and conducting forensic interviews which culminated after his response to the 2009 Fort Hood mass murder, wherein he provided critical incident stress debriefings and victim interview support. This innovative approach to interviewing victims of trauma, has been instrumental in leading an international culture change to incorporate trauma-informed practice in response to all traumatic experiences including child abuse, domestic violence, sexual assault, and human trafficking. Mr. Strand continues this work as the Executive Director of Certified FETI, a rigorous certification process for practitioners of the FETI Methodology.

Mr. Strand is highly respected and sought-after speaker, educator, and consultant who has personally trained & educated more than 400,000 professionals in his career. He has never been one to merely
to go through the motions on anything he does. He is a true believer, who is very passionate about protecting those who cannot protect themselves. His subject matter expertise is continually sought out by national, international state and local agencies around the world. He has supported and built solid relationships with highly respected organizations such as the Department of Justice, Department of Homeland Security, Department of Defense, Jewish Women International, Canadian Forces National investigation Services, End Violence Against Woman International, You Have Options Program, Pennsylvania Coalition Against Rape, National Organization for Victim Assistance, Federal Bureau of Investigations, Battered Women’s Justice Project, and Florida Council on Sexual Assault to name just a few.

Mr. Strand is continually requested for consultation and as a training expert at home and abroad. Mr. Strand has become nationally and internationally recognized for his specialized knowledge and experience. Because of his tireless efforts to protect victims of crime within the Department of Defense, across the nation, and around the world, he was selected to receive the 2012 End Violence Against Women International Visionary Award. He also received the St. Luke’s Health Systems Forensic Committee Visionary Award for years of executive direction, education, and leadership in providing effective multidisciplinary training, education, and expert consultation.

Mr. Strand has been sought out by Congressional staffers and primaries who have been interested in his forward-thinking sexual assault investigations programs and approaches that not only assisted the Department of Defense but also leads the nation in efforts at reducing sexual assault prevalence while increasing offender identification and accountability. Thus, Mr. Strand has briefed numerous Congressional staffers and members of Congress including the Congressional Woman’s Caucus. Based on his national reputation, Mr. Strand was selected by the Secretary of Defense to serve on the Congressionally Mandated Response Systems to Adult Sexual Assault as a member of the Comparative Systems Subcommittee. Mr. Strand served on this committee for 8 months examining response to sexual assault crimes across the country and made numerous crucial recommendations to national leaders to improve multidisciplinary response to sexual assault for military and civilian professionals.

Mr. Strand was a featured subject matter expert in “The Invisible War” documentary on sexual assault in the military, which was nominated for an Academy Award for Best Feature Length Documentary in 2013. He and his work have also been featured in numerous publications, various nationally recognized media outlets and news organizations, books, and educational videos.

Mr. Strand graduated magna cum laude from Excelsior College with a Bachelor of Science Degree in Criminal Justice. Mr. Strand is unconditionally dedicated to continuing his work to build a world that doesn’t currently exist. A world in which every victim of abuse and trauma has confidence in reporting their experience and has a genuine voice that is truly heard. A world where every perpetrator of abuse is held accountable for their actions. A world in which all professionals responding to trauma and abuse are properly educated and feel confident in all they do. And a world in which we significantly reduce or eliminate all forms of criminal violence and abuse.

Julia M. Lash, Ph.D., HSPP
Director, IUPUI Counseling & Psychological Services
In her work with clients, Dr. Lash draws from a wide variety of theoretical views, but first and foremost, from a person centered perspective. She believes it is essential for an individual to feel safe, respected, and valued in order for counseling to have an impact. This means she needs to listen and consistently seek to understand the worldview and experiences of each person she works with in counseling. From this foundation, they can collaborate to identify desired changes and ways those changes can be realized.
In light of the above, Dr. Lash believes we begin to learn how to relate to others, ourselves, and the world from the moment of our birth. She relies on a combination of psychodynamic, cognitive, feminist, and developmental theories to help her understand the path of the individual client. She also incorporates the social, cultural, and personal values of the client into her work, so that any changes the individual chooses to make are consistent with their identity. Dr. Lash views counseling as a collaborative relationship that can empower individuals to cope with the stressors of life.

Dr. Lash’s counseling interests include working with individuals dealing with depression, anxiety, and post-trauma symptoms. She particularly enjoys being at IUPUI due to the opportunity to work with such a diverse student population and engage cross-culturally. As a former Training Director, she continues to enjoy supervising counselors in training and giving back to the profession. More recently, Dr. Lash has become involved in working at the campus-wide level to help faculty, staff, and students to identify individuals in distress and provide appropriate intervention and referrals.