

# ICESA QUARTERLY NEWSLETTER



Learn about RCC's

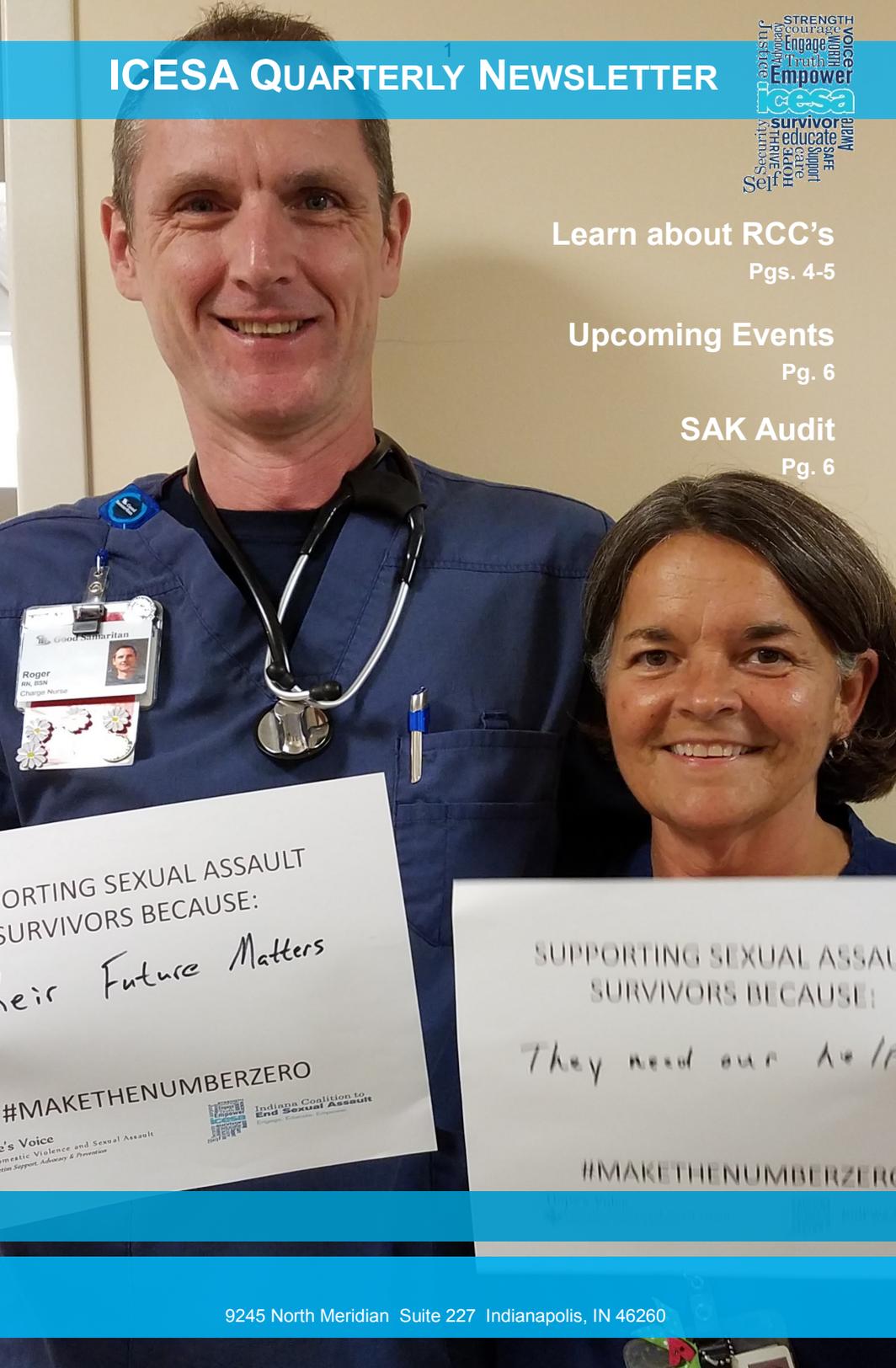
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SUPPORTING SEXUAL ASSAULT  
SURVIVORS BECAUSE:  
*Their Future Matters*

#MAKETHENUMBERZERO



Survivor's Voice  
Domestic Violence and Sexual Assault  
Crisis Support, Advocacy & Prevention

SUPPORTING SEXUAL ASSAULT  
SURVIVORS BECAUSE:

*They need our help*

#MAKETHENUMBERZERO

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# Rape Crisis Centers

The Indiana Coalition to End Sexual Assault is strategically working to increase the number of Rape Crisis Centers in Indiana starting in 2018. The priority stems from regional and statewide conversations with sexual assault service providers expressing concern about the need for a more comprehensive, coordinated approach to serving sexual assault victims.

## The Beginning

Rape Crisis Centers were born from the grassroots of the second wave of the feminist movement in the early 1970s. It was during this time that groups of courageous and empowered women practiced what was termed “consciousness raising” whereby women began to speak out about having been sexually assaulted. They shared the various ways in which larger systems such as the criminal justice system, law enforcement and health care failed to respond effectively to their needs. Rape began to be seen, not as a random sexual deviant act committed by strangers, but as a result of oppression and patriarchy.

## What are the Core Components of a RCC?

The core components of a Rape Crisis Center primarily have not changed since the early 1970's. At their inception, these centers were largely staffed by volunteers who provided services such as 24-hour crisis hotlines, legal and medical assistance, referrals, emotional support, and counseling. In addition, these centers focused on raising awareness about rape and organizing public demonstrations and rally's and invited media to attend. Today, many of the same services remain and rally's/marches such as Denim Day and Take Back the Night continue to raise awareness about the prevalence of sexual assault in our country. Although Rape Crisis Centers are no longer mainly staffed by volunteers, a well-structured and sizable volunteer advocate program can be very helpful in providing 24/hr advocacy services in the community.

## Moving Forward

In 2018, we are hoping to more than double the number of designated Rape Crisis Centers in Indiana. That is tremendous, but will still not be enough. We will not stop until every victim/survivor has access to the services they need and deserve.

If you would like to learn more about how to become an ICESA identified RCC please contact

[Kristen@indianacesa.org](mailto:Kristen@indianacesa.org)

ICESA has developed a comprehensive and detailed list of the core components that are required in order to be *eligible* as an ICESA recognized Rape Crisis Center, including:

### 24-Hour Rape Crisis Hotline

A telephone service available on a 24-hour basis to connect survivors/co-survivors of sexual assault with a trained advocate.

### Information & Referrals

Providing timely, relevant contact information to survivors/co-survivors for community resources that address a need/needs of the survivor that your agency is not equipped to effectively address, which may include professional counseling or services indirectly related to sexual violence.

### Community Awareness and Outreach of Sexual Assault

Providing accurate information about sexual assault/violence, and individual, organizational, and societal strategies that promote the elimination of sexual assault/violence in the community; and ensuring the community is aware of your agency, its services, and how to access those services, examples include: Take Back the Night, Walk a mile, etc.

### On-Call Advocate to Go On-Site to Hospital

A 24-hour in-person response provided by a trained advocate with the goal of supporting survivors through the exam & helping survivors/co-survivors navigate the medical/health care system.

### Prevention Education

(Recommended & Encouraged)  
Culturally appropriate, structured activities/strategies implemented in a variety of settings that promote primary prevention and address the root causes of sexual violence.

### Professional Counseling or Therapy

(Recommended/encouraged but may be referred out)

A professional relationship between a qualified, licensed professional and a client (individual/family or group) that utilizes therapeutic modalities to address issues presented by client.

### Legal Advocacy

Individuals acting on behalf of/in support of survivors/co-survivors navigating the legal system by ensuring the survivor's questions are answered, interests represented, and rights upheld. This includes attending court with the victim for support if requested, as well as attending meetings/appointments, etc.

### System Coordination, Collaboration & Case Management

Developing and maintain professional partnerships with programs, agencies, organizations, and groups in the community that serve or otherwise impact survivors: partnerships may be formal (such as a Sexual Assault Response Team) or informal.

### Support Groups

Survivors/co-survivors meeting in a supportive, non-judgmental environment on a regularly scheduled basis to share information, techniques for problem solving/coping, etc. .

## SAK Audit

The audit of untested sexual assault kits in Indiana will end October 27th. The Indiana State Police is conducting the audit in partnership with the Indiana Prosecuting Attorneys Council (IPAC). IPAC issued a survey with a letter of instruction to all county prosecutors. The prosecutors have been meeting with local law enforcement and medical service providers to collect information on the total number of untested kits in storage. From that total, they will assess how many are:

- Jane Doe kits
- False Reports
- Adjudicated cases

The audit which seeks a thorough review of untested kits is the result of Indiana Senate Resolution 55 authored by Senators Michael Crider and Erin Houchin. Senator Crider is hopeful the audit results will reveal why a backlog exists and then comprehensive strategies can be developed to end it.

A report on the audit findings will be issued to the legislature December 1st.

## Upcoming Events

### CORE 40 Sexual Assault Victim Advocate Training

November 6th—10th

The CORE 40 is a free Sexual Assault Victim Advocate training designed primarily for sexual assault advocates who are staff or volunteers working with victims of sexual assault through Rape Crisis Centers or Dual Service Providers. The training topics are standardized with suggested teaching points that allow for consistency throughout the field. This training offers the necessary “core” or basic knowledge and skills to provide competent and effective crisis intervention services to victims.

Learn more [here](#).

Register [here](#).

### Pediatric Sexual Assault Nurse Examiner Course

November 13th-17th

Hosted by Riley Hospital for Children at Indiana University Health, this Pediatric Sexual Assault Nurse Examiner (SANE) didactic training is an in-depth opportunity for the Registered Nurse or advanced practice practitioner planning on practicing in the role of a pediatric SANE or treating pediatric victims of sexual assault/abuse.

Learn more [here](#).

Full course brochure and registration [here](#).

# The Harms of Pornography

October 24th—25th

Join us to learn about the harms of pornography through a feminist lens. This two-day ICESA training will take place at the Indiana Historical Society in Indianapolis, and will feature Dr. Rebecca S. Whisnant, Dr. Robert Jensen, and Lisa Thompson.

[Dr. Rebecca S. Whisnant](#) is a professor and chair of the Department of Philosophy at the University of Dayton. She is a founder and board member of Culture Reframed, a national non-profit addressing pornography as the public health crisis of the digital age.

[Dr. Robert Jensen](#) is a professor of journalism at the University of Texas Austin who has critiqued the pathology of patriarchy and its place in today's crises.

[Lisa Thompson](#) is the Vice President of Education and Outreach for the National Center on Sexual Exploitation where she has focused on the harms of pornography, stripping, prostitution, and sex trafficking.

This event will also feature two documentary screenings, a panel discussion featuring feminist scholars and experts, and workshops designed for advocates/counselors and prevention specialists. Our two featured documentaries are [The Price of Pleasure](#) and [Not Just Pictures](#).

[Full Agenda](#)

[Register](#)

*Please direct any questions to ICESA Training Coordinator Kirat Sandhu at [kirat@indianacesa.org](mailto:kirat@indianacesa.org)*

## Featuring



Dr. Rebecca S. Whisnant



Dr. Robert Jensen



Lisa Thompson

# Make the Number Zero



ICESA's 2nd annual fundraising campaign, "Make the Number Zero", was a great success! The campaign which is solely social media driven and aptly named to represent the coalition's goal of ending sexual violence could not have been as successful without the support of so many of you. To all the college staff, students, to the nurses, and service providers from all around the state who shared photos and statement cards-Your words are powerful and your hearts are so full of compassion- we Thank You!

Although the final fundraising amount has been yet to be totaled as donations are still coming in, ICESA is pleased to share that because of many generous and altruistic individuals, the fundraising campaign doubled since its inception last year. Look for our official total in an upcoming announcement!

We look forward to continuing to work with you so that TOGETHER we can Make the Number Zero.

# #MTN0

# Campus Consortium Conference

September 6th-7th, approximately 100 campus professionals, community professionals, and student leaders from around Indiana came together to attend the ICESA Campus Consortium's inaugural statewide conference on sexual violence prevention and response. The conference offered the opportunity for attendees to learn from three keynote speakers and attend 16 breakout sessions. The conference keynote speakers were Dr. Sut Jhally from the University of Massachusetts at Amherst and the Media Education Foundation, Ms. Holly Ryder-Milkovich from EverFi, and Ms. Hannah Hendricks, an activist and survivor from Indiana. The Campus Consortium introduced its new vision, mission, and values statement, and was pleased to welcome Goshen College as a new member of the Consortium. ICESA was very excited about the great turnout, and we are looking forward to an even more vibrant and educational event next fall!



Some of our wonderful presenters!